



Trial Feedback Children Beyond Limits QSB Wave Remote trial late 2025

Warren - 5

Warren has started using the toilet to both pee and poop since the trial started. We are over the moon as we thought this is something that would be so long coming for him and already felt like such an immense wait .

He does ask for a diaper to use when our caregiver is in the home . He seems more comfortable using toilet for a BM only when it's family in the home but he no longer asks for a diaper when he has to poop and this is amazing .

We are win a new home this week on vacation and even this transition has not deterred use of toilet so we are even more amazed .

When we went to ride on the Ferris wheel , he told me for one of the first times , "Mommy , I'm feeling a little nervous" he has never really initiated that in his own without me asking him and I was so proud

He also started kindergarten along with his twin sister this week so that was a huge milestone for him.

His toileting is getting better and better everyday but he is still learning to wipe .

Tobias - 11

One change is that he seems to be having more consistent regular bowel motions, where as he can sometimes go for days without.

We did have a major toileting win on Friday morning with Tobias successfully and agreeably using the toilet for a poo. Normally he would choose to do this in his pants and avoid and resist being taken to the toilet.

Tobias has come off all his medications, I am no longer giving him Rubifen, and he is continuing to engage well at school learning.

Also we are noticing an improvement in his toilet training with greater success and he is even self prompting at times. Has transitioned to most times out of pull-ups, only exception is when we have a scheduled appointment.

Lots of energy. Intentional with communicating his wants and needs. Urinating regularly in toilet and taking self to toilet occasionally. Increased awareness of bowels. Improvement in sleep

Seems calm more of the time. Showing affection with hugs for all. Gave me a wonderful long and spontaneous hug today lasting 20-30seconds. Self initiating some visits to the toilet

Continuing successes with toileting. Lots of happy chatter and singing to self. Longer intervals happily playing by himself

I have seen significant improvements in general behaviour, giving lots of hugs (mostly gentle). Now off all regular medication. Toileting has improved in full time undies and only one 'accident' this week. Bowel habits becoming more regular.

Thomas - 14

I haven't had any big seizures the last 3 nights. Thomas is overall a very hyper active child so I have no complaints at all that he has been much more regulated, tired and sleeping better.

I have noticed that some of the behaviours have improved and are not so frequent.

Thomas's behaviour has certainly improved 2-3 seizure free nights this week which is very exciting as that helps regain speech but also after day 2 (no seizure) on Thursday had a note in his communication book from TA to say "We had a good day today. Good focus on his work :-)\\". All heading in the right direction (hopefully) :)

The biggest win this week was that from Monday Thomas has coped really well (even though tired) with having a class room of children come into his room/space and do their maths class :)

A much better week for frustration and violent behaviour. Sleep has definitely improved. Wednesday morning had a break through in regards to tremors / brain activity whilst sleeping. This has been SO bad and consistent but he had none on Wed morning and he actually managed to sleep uninterrupted for a few hours. Overall Thomas is a lot quieter (not much speech) but has been a lot more regulated and hardly any silly, naughty behaviour 😊

Behaviour, frustration and violence has improved a lot and just his general mood in general.

School also said that Thomas sometimes likes to be around the other children that share his space in the mornings that I hadn't been told about previously. He also had a good first transition day at high school on Friday.

Riley - 5

Riley did initiate play with another child at therapy today and was able to play and take turns for a few minutes. He typically just observes other children and does not initiate play.

He has also slept well this week, which is not always the case.

Riley did much better this week with his PICA. He wasn't trying to eat as many non-food items

This was a big week of transitions as Riley started kindergarten at a new school. He has really surprised me with how well he has done. Riley loves to eat raw red onions. When I pulled out the onion it sounded like he said the word onion. I'm not 100% sure, as he doesn't have words or typically use his voice to respond. He has also been doing more babbling this week as well.

He is doing pretty good at school. His teacher sent me a picture of him coloring with crayons. I told her I was so proud of him for being able to participate and not eating the crayons. His teacher said he has been using the crayons appropriately in her class.

Riley also hasn't slept as well this week.

Riley just started using an AAC iPad device (this summer) to help with communication. He seems to be using it more frequently this week and doing less stimming on the buttons.

Riley used the toilet at school for the first time. Just once, but celebrating that.

Riley has been more engaged socially this week, wanting to play ball with us.

Riley slept better this week. He is babbling more and doing a little better using his AAC device.

Riley had a really good week. He seems to be more in our world than in his own. He is wanting to interact more with me and his brother. For example, he usually likes to jump on his trampoline over and over alone. This week he is wanting me to stand next to him and he is clapping his hands against mine. Riley is starting to give high fives for the first time ever. He also started giving us kisses for the first time in his life. He lets us kiss him but he has never initiated or moved his lips in that position before. Feeling very grateful and blessed.

Riley started peeing on the potty this week.

Riley had a really good week. He seemed more regulated and did well at all his therapies.

We are keeping up with all the new skills he has learned the past couple of months, throwing and learning to dribble a ball, giving high fives, making better eye contact, peeing on the potty a couple times a day, and giving kisses everyday (my personal favorite skill).

William - 16

I have noticed William has had 2 days this week where he had longer than usual social interaction with his 8 year old little sister that adores him. They played tag and were having fun together. Maybe her energy is easier to interact with 😊

I am still seeing an increase tolerance for his sibling and they seem to be spending more time together.

We just came back from a small road trip to the mountains and he actually did great he was quite flexible and at peace.

William has had a pretty good week. He has been pretty even keel and very flexible when asked. He starts school next so that will be interesting.

William has been having these tag sessions with his sister that is becoming more common and for longer periods of time than ever before so there is more connection there.

William had a really great first day of running class and things went so smooth for him and he was so compliant.

I visited his school today for a back to school night and they commented he's been very happy and flexible. We also attended a movie outside at a local park. He wanted some popcorn and there was a line so I told him he had to go and wait to see if he could do it. He waited for like 10 minutes on his own. This is not something I would expect him to do because he usually would stay in line and then maybe go out because he needs to move but he was able to stay in one place and be patient. So for me that was pretty amazing and independent.

William is still continuing to develop more of a relationship with his sister.

William takes in home piano lessons and his teacher commented he has been calmer during times when something may be hard or frustrating in the past. We have also extended his class from 30 min to 45 min and he is tolerating with no problems.

Liam - 6

This week when asked what he wanted to eat he opened the freezer to look which he has never done before! Liam was sick Thursday and Friday, when he had trouble walking after a seizure he managed to find the words to explain his legs were not working. Another great improvement.

Today Liam played a driving game before he would just laugh at the cars crashing today he is properly steering and concentrating.

Good week, went to college everyday without any real moaning which is a major relief as mornings are very tough. Had a fantastic session of scrabble with his support worker, excited about learning new words. Communicating better this week. Don't feel totally exhausted this weekend thank you!!!!

More interest in joining in this week, even though he is struggling with hayfever. His moods seem overall much calmer.

Liam has had a tough week with numerous seizures which causes more frustration as he feels unwell but has bounced back to a happier child in the last few days.

Ezra - 10

Isabella

Isabella has made progress putting her feet into her PJ'S. Also, for the first time ever, she sat up to table, then ate 80% of her dinner before throwing it onto the floor. Usually, that's the first thing she does!

Isabella is sitting and playing with toys a little longer than usual. Usually, it's a case of look at the toy for 3 seconds, then throw it and run away. Yesterday she was sat down for 1 minute.

Yesterday when we had to leave the park, she started a meltdown. Usually this results in hair pulling and biting, but not yesterday. Isabella sat for a little while ripping leaves to help her regulate, and then got in the Buggy.

Isabella has been keeping her shoes on for longer whilst being out and about. Usually the first thing she does, is throw them off.

Isabella has been helping me put her PJ'S on at night & pointing her toes to get her legs through. I've noticed a slight increase in eye contact lately. Isabella has slightly increased her tolerance being around others and slight increase in her ability to regulate in social family settings.

Izzy has been generally happier this week & hand leading us to change her nappy.

She has been sleeping better lately.

Last Saturday night Isabella snuggled with me on the sofa. This has never happened before, especially without her mum present, and for a solid 35min. I've also just received an email from her teacher informing us that today Isabella sat on a chair at school today for 20min straight. Another first ever!!!

Kayden - 7

Seems to get a large burst of (happy) energy about 30 minutes after the session that usually doesn't happen. This last for about 30 minutes and he seems to calm down.

We are transitioning very well still onto the 26 letterboard. (Not trying to freak anyone out) but we experienced extreme telepathy this week for the first time ever.

His sleeping since the beginning of the trial has been amazing! He has been falling asleep consistently with no fuss and will sleep completely through the

night. He would usually wake me up early in the mornings (between 4 and 5 am) now I have to wake him up in the mornings! 😊 Good to know we both are getting good sleep! 😊

Sleeping very well and through the night. He has been "extra" giggly and happy (this is normal but has been elevated the past week).

Eye contact has definitely increased! It's very nice because he will look right into your eyes and smile! He will do this for about 3 seconds at a time multiple times a day now.

Sleeping very well! Has had a terrible cold the last week but you would have never been able to tell by his attitude! He stayed giggly and happy through his whole cold. Spelling is going great! We have moved onto the sensory boards and he is loving them! I asked him a question from our recent lesson..."Winter is usually cold and what" And he spelled "Snowy". This mama is PROUD! 😊

Ryan N - 20

Another strange incident (both positive and negative) was we were at the store and he insisted on driving his chair (which he never does) and then insisted on trying to drive reaching over to the left with his right hand which is his CP hand (we call it the helping hand.) to use the control stick. He was so very proud of himself.

He definitely is using his CP hand/arm more. Keeping it stretched out and insisting on eating a whole meal with his right hand. He also communicated his needs when he needed eye drops or wasn't feeling good (headache).

This week Ryan initiated conversation with people and wanted to interact with a little girl he was with. Normally he will not share his ipad or will ignore whoever is trying to play with him but this week he actually initiated a fist bump and wanted her to play on the ipad with him. He also was very aware/interested in what she was doing when not with him.

Ryan seems to be more interested in others and 'talking' about them when absent. "Show K my book." Does K know....?"

Ryan had a good, stable week. His communication seems to be improving.

Ryan continues to grow in advocating for himself and in his communication/interaction with people other than his family.

Ryan continues to be very social!

Ryan has been super and happy and social this week!

Ryan has seemed super happy and calm. He's been very communicative at school and home - initiating his own thoughts and being engaged with other people. He also stood for a two 1 hour sessions today which was a record!

James - 8

We are noticing James is socialising more within the family. He sat with us, and grandparents, and ate lunch at the table in the garden. Very unusual occurrence. Also noticeably more willing to go out. Promising signs.

Over the last week we travelled to my home town to stay at my sister's with her family. James coped well. Struggled with the first half of the journey home but didn't use his tablet once in the 4 hour journey. The second half of the journey home was the loveliest we've had, with James making up fun games for us all to play. He continues to want to go out more which is great. Still has unsettled periods, yesterday had worst meltdown in ages but managed to self-soothe eventually and then apologised unsolicited (we never demand or expect apologies from him).

Had a friend over yesterday who has wanted to see James for months but James refused. Yesterday he was really excited to see his friend who stayed at our house for about 3-4hrs. Play date went really well, James wants to see him again soon, which is amazing. James still outbursts but they are manageable. Overall, I see improvement generally so far during the trial. Thank you.

A number of positives. Had 4 very settled days even though we were away at the weekend and that would normally lead to a stress reaction. He had a play date at his friends house on Wednesday which went well. He is playing in a more imaginative and flexible way. Please and thank you's being used often.

Spent first hour with a home tutor today and he engaged well. Has been happy and relaxed for several days without any major issues.

James had his friend over today for a play date. Went really well. The boy is hectic and struggles to listen, but James clearly explained to him what he wanted after appropriately getting his attention.

Good day. He engaged well with his tutor for the hour. Got quickly but very briefly angry about dinner. Improvements we've seen over the treatment period seem sustained. Still playing with his sister generally well.

Courtney - 16

Advocated for self during a meeting with several school officials. More independence in dressing and brushing teeth. Slept better this week.

No bedwetting this week. Has been going to school without issue. Working hard to complete homework and assignments at school.

Teachers said she had a great week and worked really hard. Slept by herself most nights this week.

Initiated brushing teeth. Better toileting cleanliness. No bedwetting. Sleep better.

Connor - 14

Connor seems brighter this week. He has changed with his positivity and has asked to do things this week that he hasn't wanted to do in a long time! He is eating more and is trying to g hard to push through his ocd instead of feeding into it!!

Declan - 22

when he went to his OT appointment she works on fascia she said his nervous system was so calm that she was able to work on his organs straight away. Normally she has to settle his nervous system first.

he was at his chiropractor appointment and there was a baby crying, normally he would say "stop crying" but he sat very calmly and didn't react. That is huge for Declan. He is starting to regulate himself quicker after he is dysregulated, which is promising.

No real changes, however he seems different in a positive way, just can't put my finger on exact change

We have seen a slight improvement in his communication, particularly around his needs.

George - 9

George has been a lot calmer today compared to other days where he has been displaying hyperactivity He is sleeping well.

George has been great over the week. We are currently on holiday and he has been exceptionally good. Trying new food. Doing things before we even prompt him to do things. The shouting, laughter has reduced and crying also. His been so affectionate with his siblings also.

