



The Centre for
Biofield Sciences

Integrated Health

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GENERAL ARTICLE

INTRODUCTION

The following document is a full version of the pilot research project undertaken during April- may 2009 in India at the Centre for bio field sciences, World Peace Centre, MIT College, Pune.

STUDY OBJECTIVE:

1. To determine the effect of nu me pendant over human biofield.
2. To determine the efficacy of nu me pendant in balancing the chakras/ energy centers.

TIME PERIOD OF THE STUDY:

April-May 2009.

PRIMARY DATA COLLECTION:

Centre for Biofieldsciences.

AIM

Aim of this research project was to examine the changes in the energy fields and chakras so as to prove the efficacy of nu me pendant.

The following five established devices were chosen to be used for the comparison between before and after scans.

- 1. POLYCONTRAST INTERFERENCE PHOTOGRAPHY (PIP)**
- 2. GAS DISCHARGE VISUALISATION (GDV)**
- 3. ELECTRO SCANNING METHOD (ESM)**
- 4. ELECTTRO INTERTIAL SCAN (EIS)**
- 5. CHAKRA TEMPERATURTES.**

The Doctors & Researchers working on the project were monitoring all the tests and ensured that the scans, on all the five devices were carried out perfectly according to the protocol and standard norms & conditions.

ABSTRACT

- **RESEARCH HEAD:**

Dr.Thornton Streeter

- **PRIMARY RESEARCH CO-COORDINATOR:**

Dr.Anuja Ranade

Mr.Sudhir Neurgaoankar

- **SECONDARY RESEARCH CO-COORDINATORS:**

Dr.Bhagyashri Nilkanth

Dr.Aniruddha Gandhi

Dr.Vaibhav Lunkad.

- **Facilitated by-**

Wg. Cdr. A K Zutshi

Miss. Shivali Dandekar

Mr. Bapu Sanap

About nu me pendant:

The Nu-Me uses harmonizing technology into pendants. This technology actively interacts with the human energy field, bringing the energy centers or chakras, into perfect balance in short time duration. It is also known to reduce stress and calm emotionally. It promotes restful sleep along with energizing the body so as to increase alertness and learning abilities.

METHODOLOGY:

Twenty five (25) subjects were selected randomly through local newspaper advertisements and university notices. Study was a **SINGLE BLIND STUDY**.

Each participant was booked in for one appointment lasting around 1 hour. Initially they arrived at the centre and were assigned a participant code to maintain the confidentiality. They filled their consultation and consent forms and then underwent the first round of five scans.

Before scan: **GDV** (Gas discharge visualization) **PIP** (Poly contrast Interference photography), Electro interstitial scan (**EIS**), Electro scanning method (**ESM**) and chakra Temperatures (**C.Temp**) were recorded.

Every subject wore the copper nu me/control pendant for a period 15 mins.

After scan: **PIP**, **GDV**, **EIS**, **ESM** and chakra temperatures were re-recorded.

CONTROL GROUP:

-Similar looking object (in size, shape and color) made of copper was used as control pendant.

-This was simple copper pendant and no energy charging or any other process was done over it.

-As a part of our standard procedure, subjects were given a rough idea about the pendant and its use. This is also reacquired so as to obtain a verbal and a written consent so that the data can b used for research and analysis purpose.

- The subjects dint have any idea about the protocol or expected out come.

- The study carried out was single blind and the doctor/researcher doing scans knew in which group the subject was (experimental/ control), but the subjects were not aware about the group in which they were.

For information on the scanning techniques used in this study, please see reference links below

PIP :

<http://www.biofieldsciences.com/biofieldsciences.com/PIP.htm>

<http://www.item-bioenergy.com/pip/PIPManual.pdf>

GDV:

<http://www.biofieldsciences.com/biofieldsciences.com/GDV.htm>

<http://www.sacredoilsofkrishna.com/gdv.html>

EIS:

<http://www.ldteck.com/>

http://www.aheadtowellness.com/services_eis.html

ESM:

<http://www.electrocrystal.com/esm.html>

<http://www.electrocrystal.com/media/Nexus%20Harry%20Oldfield.pdf>

CHAKRA TEMPERATURES:

<http://www.kheper.net/topics/chakras/chakras.htm>

(It is suggested that there is an inverse relationship between temperature and activity at the chakra points. In other words, as the temperature decreases, the activity increases, and vice versa. A simple hand-held skin temperature recorder, which measures temperatures up to one decimal point, is used at the body surface over each of the designated ESM points.)

TOTAL ENROLLMENT:

Total No. of subjects	25
Control	05
Experimental	20
Age	21-70yrs
Sex	male or female

Scans were done and analyzed by leading experts in the specific technology. Most of the results were qualitative and cross comparison was complex. However, overall there were significant positive changes in all the four out of five assessing techniques. (See the following pages for case specific examples).

RESULTS

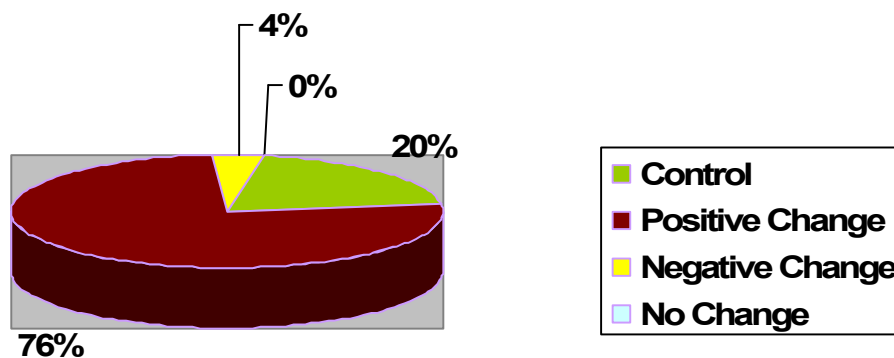
Each client has been individually examined & analyzed.

Scans were obtained of 25 participants. Results supported the effectiveness of the nu me pendant.

- PIP scans showed very positive changes in 19 participants out of 20.
- One (1) of these 20 scans showed negative changes.
- The results of GDV, EIS and ESM were in correlation with PIP.
- Chakra temperatures dint show any significant, negative or positive changes.

Control	Positive Change	Negative Change	No Change
5	19	1	0

Pie graph for 25 cases:



CONCLUSIONS

- **It seems crystal clear that the nu me pendant has a profound positive effect on individuals.**
- **In addition to the analysis part of the data, during experiments changes witnessed in the biofield were unusually strong and positive.**
- **Maximum changes were seen in brow, crown and solar chakra along with significant positive change in biofield.**
- **After use of nu me pendant calming frequencies like blue were seen predominantly in the field. It had also increased the vibrancy of chakras reduced the stress pattern seen on face in form of pooled red energy.**
- **Predominance of green and violet was seen to increase with prolonged use of nu me pendant.**
- **Blocked chakras especially brow and solar showed opening up. Red congested energy was replaced by green or violet healing energy.**
- **Positive effects are also seen over lung fields in some of the cases.**
- **From this research we can conclude that nu me pendant is a very effective mode of balancing the chakras/ energy centers and also the bio field.**

ADDENDA - SAMPLE STUDY CASES:

PIP:

Before:

After:

Analysis: Low energy in the bio field in form of pink and orange is replaced by calming blue and green colors which is a significant positive shift. Pooling of energy over chest, solar chakra and back of head also have reduced.

GDV:

Before:

After:

Analysis: Distorted emission is seen from crown chakra which appears to be settled after use of nu me pendant. Leaks at levels of heart and solar are replenished with reappearance of energy at level of legs bilaterally

EIS BEFORE

EIS AFTER

Chakra	Crown		Brow		Throat		Heart		Solar		naval		Base	
	ESM	T	ESM	T	ESM	T	ESM	T	ESM	T	ESM	T	ESM	T
Before	-3	35.6	-2	34.6	0.5	35.6	0.2	35.8	-1.5	34.7	0.5	35.3	-0.5	36.4
After	-0.5	34.6	-0.5	36.3	0.5	35.9	0.5	35.6	-1	36.8	0.5	34.0	-0.5	35.4

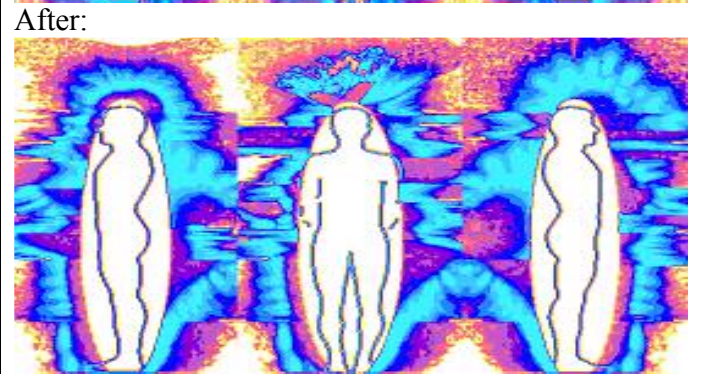
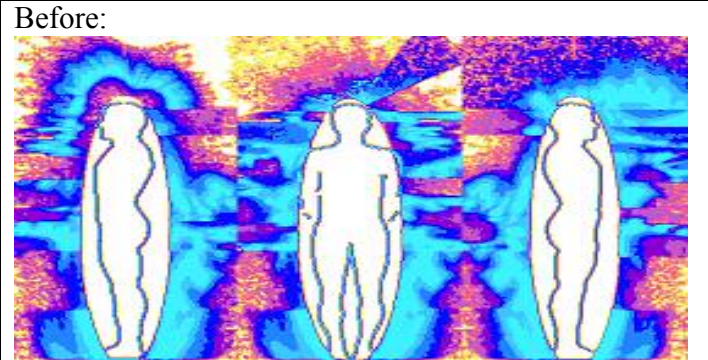
ESM Change: **POSITIVE**

PIP:



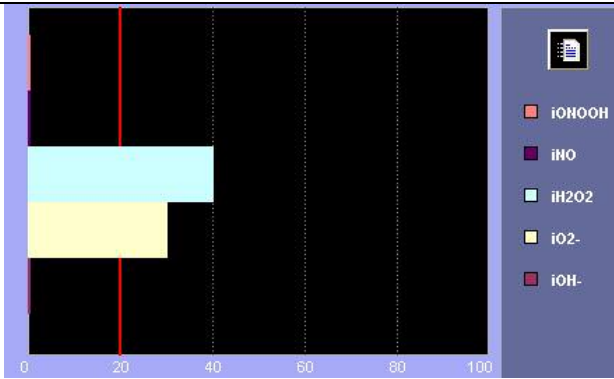
Analysis: The bio field which was originally dominant of green shows appearance of calming blue frequencies which is a positive sign. The pooling of energy over chest region also shows reduction

GDV:

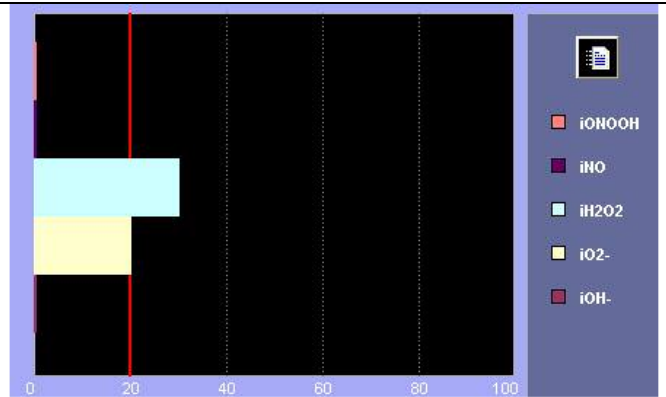


Analysis: Reappearance of energy is seen at level of crown which is a positive shift. Field seems much more vibrant and symmetrical.

EIS BEFORE




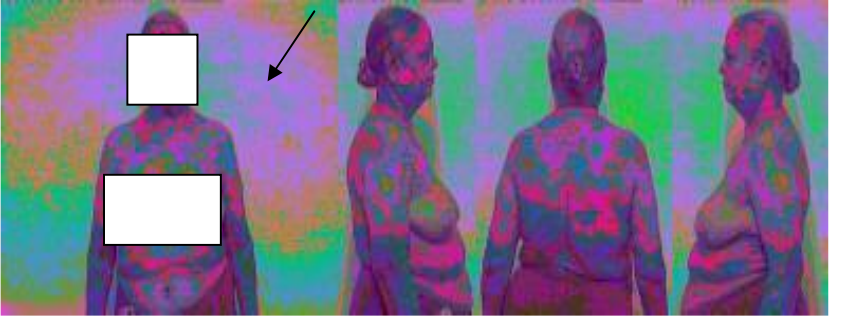
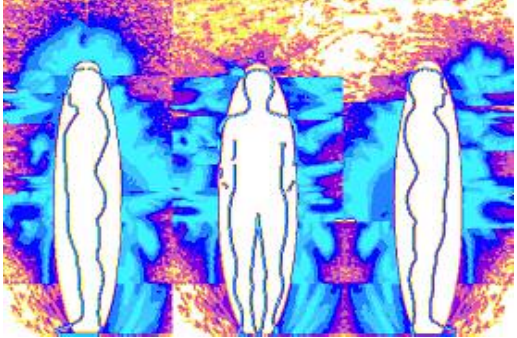
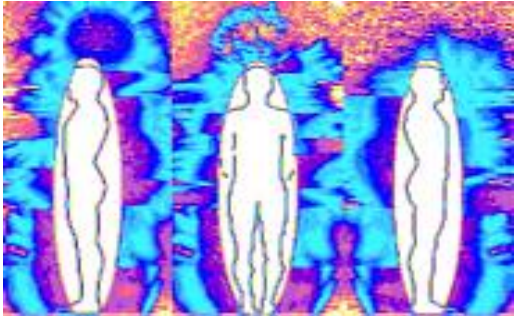
EIS AFTER

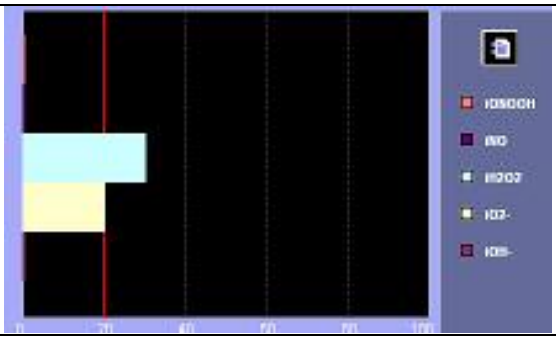
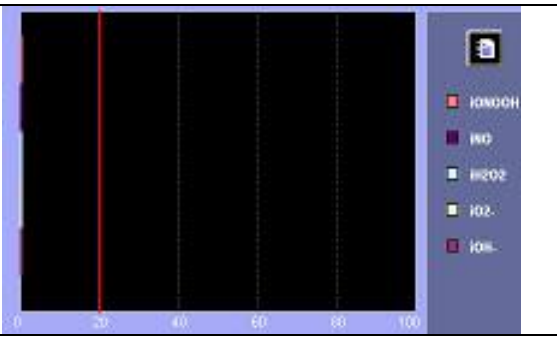


Analysis: Reduction in oxidative stress is seen after exposure to nu me pendant. The levels of iH2O2(Colour indicator: Light green) and iO2 (colour indicator : cream) which were on a higher side (40) show reduction (25) . This is definitely a positive shift.

Chakra	Crown		Brow		Throat		Heart		Solar		naval		Base	
	ESM	T	ESM	T	ESM	T	ESM	T	ESM	T	ESM	T	ESM	T
Before	-1.5	35.5	-1	35.1	1.5	34.6	1.5	35.9	-1.5	36.1	0.2	35.4	-0.1	35.2
After	0	35.9	-0.5	35.4	1.5	35.2	0.5	35.2	-1.5	36.0	0.2	35.6	-0.1	35.9

ESM Change: **Positive**

<p>PIP:</p> <p>Before:</p>  <p>After:</p>  <p>Analysis: Marked changes are seen in the bio field. Increase in density of violet is seen after exposure to nu me pendant. Violet is a healing color. Naval chakra also shows reduction in pooling of energy and increase in violet.</p>	<p>GDV:</p> <p>Before:</p>  <p>After:</p>  <p>Analysis: Reappearance of energy at level of legs is noticed. Absence of energy was seen in before scan, after use of nu me pendant restoration of energy at level of crown is seen.</p>
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EIS BEFORE	EIS AFTER
	
<p>Analysis: Oxidative stress was seen in the before scan in form of increase in levels of iH2O2(Colour indicator: high green) and iO2(colour indicator: cream). These levels have reached normal lit of 20 after exposure to nu me pendant. This is a positive shift.</p>	

Chakra	Crown		Brow		Throat		Heart		Solar		naval		Base	
	ESM	T	ESM	T	ESM	T	ESM	T	ESM	T	ESM	T	ESM	T
Before	-2	34.9	2	34.5	-0.5	34.2	-1.5	35.6	-1.5	35.2	-0.5	36.7	-0.1	35.2
After	-0.5	34.5	1	34.9	-0.5	35.0	-0.5	35.1	-1.5	35.9	-0.5	36.8	-0.1	35.1

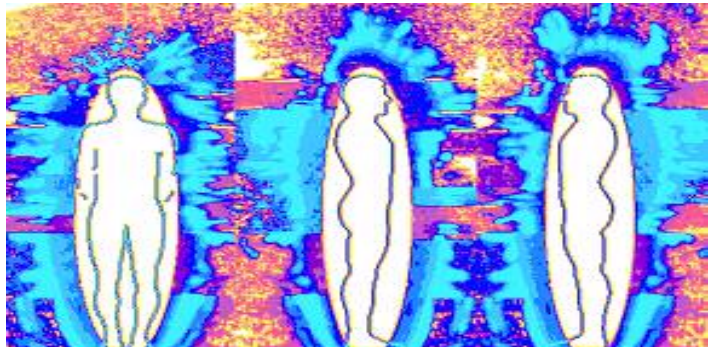
ESM Change: **POSITIVE**

PIP:

GDV:

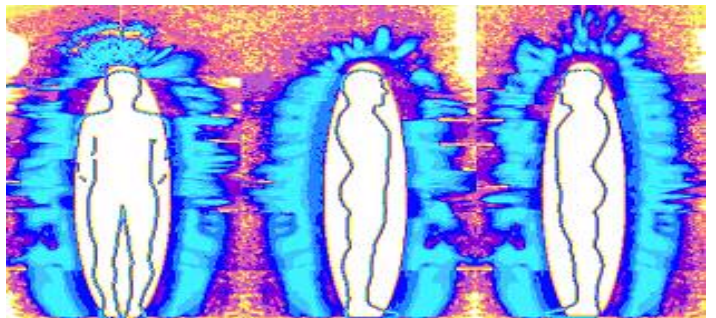
Before:

Before:



After:

After:

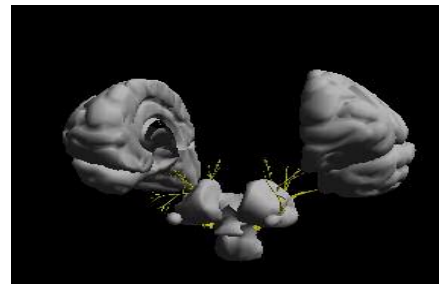
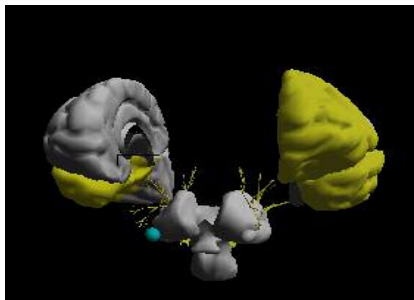


Analysis: Low energy in form of orange indicating high mental activity, is seen in the biofield in the before scan, which is replaced by calming blue energy. Dominance of green (health reference) and blue are seen along with significant reduction in pooling of energy in solar chakra.

Analysis: Crown shows positive changes in form of reappearance of energy at level of distorted emissions. Leaks at level of solar are no more seen after exposure to nu me pendant. Bio field is significantly continuous in after scans.

EIS BEFORE


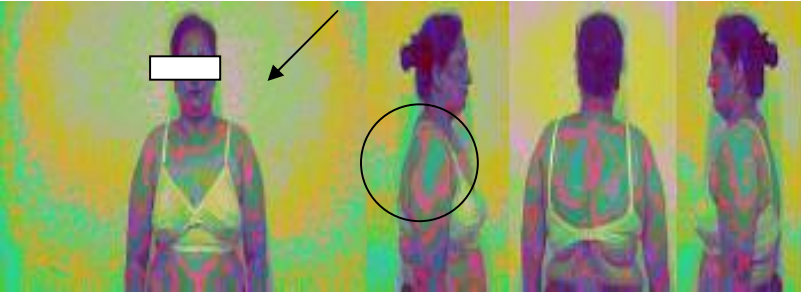
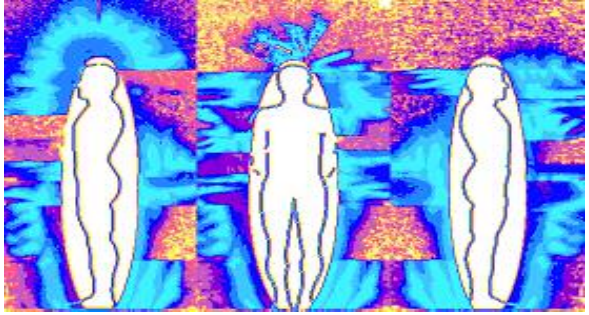
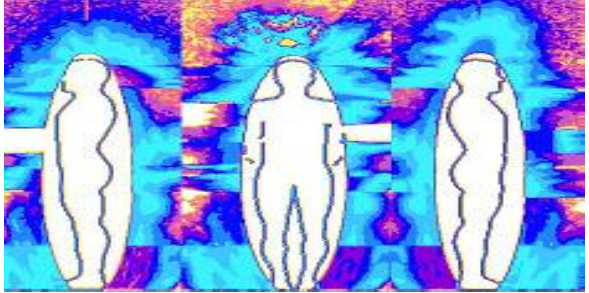
EIS AFTER



Analysis: Areas of stress highlighted in yellow colour in before scan seems to have relaxed down after exposure to nu me pendant. This shift from yellow to grey shows effectiveness of pendant in inducing relaxation.

Chakra	Crown		Brow		Throat		Heart		Solar		naval		Base	
	ESM	T	ESM	T	ESM	T	ESM	T	ESM	T	ESM	T	ESM	T
Before	2	35.3	1	35.4	-1	35.9	-2	34.2	3	35.1	-1	36.7	-1	33.5
After	0	34.6	0	35.6	-1.5	35.9	-0.5	34.6	0.5	35.3	-0.5	36.8	-1	33.2

ESM Change: **POSITIVE**

<p>PIP:</p> <p>Before:</p>  <p>After:</p>  <p>Analysis: Low energy in form of orange was seen in the biofield esp. around head which is replaced by subtle green and white combination which is a positive sign. Appearance pink vibrations indicate state of relaxation. Congestion of energy over shoulder region has also reduced significantly.</p>	<p>GDV:</p> <p>Before:</p>  <p>After:</p>  <p>Analysis: Distortion at level of crown shows reappearance of energy. Leaks at level of shoulder also show positive changes. Bio field has become much more symmetrical and vibrant after exposure to nu me pendant.</p>
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EIS BEFORE		EIS AFTER		NORMS	
I Brain Serotonin	30	I Brain Serotonin	15	-20 > N < +2	
Brain Dopamine	35	Brain Dopamine	10	-20 > N < +20	
Catecholamines	0	Catecholamines	0	-20 > N < +20	
I Acetylcholine	-10	I Acetylcholine	0	-20 > N < +20	

Analysis: Increased levels of serotonin indicating anxiety disorders have reached to normal values after 15 mins of exposure to nu me pendant. It indicates state of relaxation and balancing of energies.

Chakra	Crown		Brow		Throat		Heart		Solar		naval		Base	
	ESM	T	ESM	T	ESM	T	ESM	T	ESM	T	ESM	T	ESM	T
Before	-3	34.3	-2	35.6	-0.5	35.6	-0.5	35.4	-0.5	34.5	-0.5	34.6	-1	36.2
After	-1	35.4	-0.5	34.3	-0.5	34.3	-0.5	35.6	-0.5	35.6	-0.5	35.6	-0.5	36.2

ESM Change: **POSITIVE**

Centre for Biofield Sciences

The World Peace Centre

MIT College

Paud Road

Kothrud

Pune – 411 038

India

Phone: +64 9 833 1077

+91 (0) 20 2545 8748

Email: cbspune@biofieldsciences.com

www.biofieldsciences.com

Life-Energy Designs

P.O. Box 79188

Royal Heights

Auckland 0656

New Zealand

Phone: +64 9 833 1077

[Email: info@life-energy.org](mailto:info@life-energy.org) Email

www.lifeenergysolutions.com